

Thanksgiving is one of my favorite days of the year because it reminds us to give thanks and to count our blessings. Suddenly, so many things become so little when we realize how blessed and lucky we are.” ~ Joyce Giraud



November 2024
Woodbury Estates



Our Community Newsletter

ARLENE O
NOVEMBER 7TH



HAPPY
Birthday
TO YOU



JOYCE S
NOVEMBER 11TH



The Estates Newsletter - November 2024



Executive Director

How can we be in the month of Thanksgiving already? What are you thankful for? I am so thankful to be at the Woodbury Estates. The residents are fun and the team that is being built of staff is exciting. Some of the bigger changes that have occurred and are occurring very soon are:

New receptionist at the front desk as on 10/24/2024- M-F 9am-5:30pm (Mukhtar Breezy will be moving locations and roles to be a full-time scheduler for the campus (AL's)

New Community Life Coordinator starting 11/4/2024 (Julie)

Nursing staff complete, Cha, RN started on 10/24/2024

Resident Specialist is a new role that we are starting in November to help the clinical staff feel supported, Lisa will be working closely with the RN's and the HHA's, being the bridge.

Nursing is available 6 am to 7pm Monday-Friday and 8 hours on Saturday and Sunday.

We are revamping our LEAD HHA program; we are starting the program fresh ensuring they have clear direction and support.

We have more residents joining our Estates Family, we have 6 rooms that have been reserved with move ins before December 1.

General Information - Estates Locations



EMPLOYEE RECOGNITION PROGRAM
LOCATED OUTSIDE OF LISA'S (MARKETING DIRECTOR) OFFICE. RESIDENTS, FAMILY AND STAFF ARE ABLE TO NOMINATE STAFF FOR THEIR OUTSTANDING PERFORMANCE!



NEW HORIZON FEEDBACK FORMS (MEALS)
-THIS IS LOCATED IN THE 1ST FLOOR DINING HALL. ALL RESIDENTS MAY FILL OUT MEAL FEEDBACK/SUGGESTION FORMS AND PLACE IN CLEAR BOX.



"AUTUMN GROVE"
THIS IS LOCATED ON THE 1ST FLOOR (DOWN THE HALL FROM THE CHAPEL). THIS IS WHERE ACTIVITIES ARE SUCH AS BINGO AND CRAFTS.



"SUPERSTAR STATION"
THIS IS LOCATED ON THE 1ST FLOOR (BY THE DINING HALL). THIS IS WHERE RESIDENTS, FAMILIES AND STAFF CAN RECOGNIZE EACH OTHER FOR THEIR WORK!



Lifespark Information

When Is the Right Time to Consider Lifespark Hospice?

If you have a serious or advanced illness, figuring out the next steps may feel overwhelming. Learning about your options can help relieve anxiety for you and your family and help you make more confident choices.

One option to consider is hospice. Hospice is a compassionate, team-oriented approach to support your physical, emotional, and spiritual needs. It's for people who have a life-limiting health condition and a life expectancy of six months or less, but there is no time limit for how long you may receive care.

Hospice has the most impact and is most beneficial when it is started early, so that you and your family can receive the maximum amount of care and support. Below are some questions that can help determine if it is time to consider hospice:

Have you ...

- Had frequent ER visits or hospital stays?
- Had increased episodes of pain or uncontrolled pain?
- Had several falls or recurring infections in the last six months?
- Had significant, progressive weight loss?
- Had trouble performing activities of daily living, such as bathing, grooming, dressing, and walking?
- Been getting increasingly confused or having new memory issues?
- Had shortness of breath or difficulty breathing?
- Started to feel that treatment is becoming more of a burden than a benefit?
- Decided that your goals of care should include comfort?

If you answered yes to two or more of these questions, hospice could be beneficial for you. At Lifespark Hospice, we want to help you and your family through this difficult time. We love this work and hope you feel comfortable turning to us for advice. For a free consultation or for answers to questions, please reach out to Lifespark Hospice at 952-737-4350 or hospice@lifespark.com. To learn more, visit lifespark.com/hospice.



Community Life

MEET OUR NEW COMMUNITY LIFE COORDINATOR

Hello Everyone,
My name is Julie Thibodeau. I will begin working at Woodbury Estates as a Community Life Coordinator on November 4th.

I was born and raised in Edina, MN and I currently lives in the small town of Marine on St Croix. I have a husband, two girls in college and an energetic dog. I enjoy watching movies, dancing to live music, photography and hiking at Willow River State Park.

I can't wait to meet everybody and learn about the activities that you love.
-Julie Thibodeau



RESIDENT SPOTLIGHT!

MARILYN



OUR RESIDENT SPOTLIGHT FOR THE MONTH OF NOVEMBER IS...MARILYN!

MARILYN IS FROM FERGUS FALLS, MN AND WENT TO COLLEGE AT THE UNIVERSITY OF MINNESOTA.

A FEW THINGS YOU MAY HAVE NOT KNOWN ABOUT MARILYN IS THAT SHE USED TO PLAY THE VIOLA, AND SHE LOVED TO FIGURE SKATE! SHE ALSO WOULD GO FISHING AND CAMPING WITH HER FAMILY

MARILYN ENJOYS READING, CRAFTS, CARD PLAYING AND BINGO WITH HER FRIENDS AT THE ESTATES.

THANK YOU, MARILYN FOR BEING IN THE SPOTLIGHT AND SHARING YOUR CARING HEART!

QUOTE: "GOD IS GOOD!"

UPCOMING ENTERTAINMENT

Friday, November 1st ~ David Jones Presentation

Thursday, November 7th ~ Bobby's Performance

Wednesday, November 13th ~ Markus Magic Show

Tuesday, November 19th ~ Michael Riddle's Performance

Monday, November 25th ~ Heather's Art Class

UPCOMING BUS OUTINGS

THURSDAY, NOVEMBER 14TH (WALMART SHOPPING)

TUESDAY, NOVEMBER 19TH (LUNCH OUTING) RESIDENT'S PICK

NOVEMBER HOLIDAYS



DAYLIGHT SAVINGS
(SUNDAY, NOVEMBER 3RD) "FALL BACK AN HOUR"



VETERAN'S DAY RECOGNITION
(MONDAY, NOVEMBER 11TH) AT 2:00PM



THANKSGIVING DAY
(THURSDAY, NOVEMBER 28TH)



Estates Gallery

Estates Gallery

